Ashley F.



Certified Personal Trainer Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer

Hobbies and Achievements

- Hiking
- Surfing
- Coaching and playing Soccer
- Distance Running
- Tough Mudders



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

