

Mariano M.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Criminal Justice from Wayland Baptist University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Active duty Air Force
- Mud runs and adventure races
- Mountain Biking
- Swimming
- Marathons



For more info about this trainer,
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24hourfitness.com/personaltraining