

Pamela D.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2013**

Education & Certifications

- BS in Business Administration - Accounting from Cal Poly, Pomona
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- United States Marine, 1999-2006
- Triathlon, Olympic distance
- Running, 5K/10K/half marathons
- Rock climbing
- Basketball



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