

# Pamela D.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 2013**

## Education & Certifications

- BS in Business Administration - Accounting from Cal Poly, Pomona
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- United States Marine, 1999-2006
- Triathlon, Olympic distance
- Running, 5K/10K/half marathons
- Rock climbing
- Basketball



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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 920

