

Soben B.



Team Member Since: 2003

Education & Certifications

- BA Degree in Political Science from California Polytechnic State University Pomona
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- hiking
- running
- spending quality time with my husband and daughter



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24hourfitness.com/personaltraining