

Sonia C.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2010

Education & Certifications

- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- GX instructor - Bodypump, Cycle, Boot Camp, Step
- Marathoner
- Gardening



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 920

