

Nina H.



**Certified Personal Trainer
Fitness Manager
Team Member Since: 2013**

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Hiking
- Weight Lifting
- Family Time
- Cooking/Baking
- Helping Others



For more info about this trainer,
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24hourfitness.com/personaltraining