

# Rebekah H.

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification



**Certified Personal Trainer**  
**Team Member Since: 2008**

## Hobbies and Achievements

- Volleyball
- Riding my bicycle
- Cooking/Baking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 921

