

Cassie C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Training for figure competitions
- Spending time with family and dogs
- Hiking
- Cooking
- JAMZ National Champion 2007, Dance



For more info about this trainer,
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24hourfitness.com/personaltraining