

Cody D.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Exercise Sport Science from Concordia University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- National Collegiate Champion NAIA Swim
- Coach at Woodbury Aquatics, the Irvine Swim League Champions last three years
- Surfing
- Snowboarding
- Family
- Top 16 California Swimming since 10 years old in 100 yard butterfly/free



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 922