

# Deepika G.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Movement and Sports Science from University of La Verne
- CPR Certification

## Hobbies and Achievements

- Running
- Hiking
- Functional Training
- Assisted Stretching
- Half marathons and 5K fun runs
- Physical Therapy Aide



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)