

# Eric J.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Liberal Arts emphasis in Exercise Science from Concordia University Irvine
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- 2012 US Olympic Trials and US Open Swim Competitor
- 2010 NAIA National Champion and 3 Time First Team All-American
- 2006, 3 Time Colorado 5A High School State Champion
- 2004, 7 Time Colorado State Record Holder
- Surfing
- Skating



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