

Grant U.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from California State University, Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- USA Weightlifting Certification

Hobbies and Achievements

- Olympic Weightlifting
- Watching Sports



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Club ID: 922