

Taylor W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- CIF Football. First Team All-City Orange County
- Basketball
- Fitness and Nutrition Blogging
- Culinary
- Weight Lifting



For more info about this trainer,
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