

Esteban P.



Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- I love to work out
- I enjoy reading especially about nutrition and training
- Rock Climbing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 923

