

Ashleigh F.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Health and Wellness from University of Arizona
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Arizona Squat Record Holder-RAW 2010



For more info about this trainer,
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24hourfitness.com/personaltraining