

# Peter D.



**Master Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Personal Training Institute of Colorado - Personal Training Certification

## Hobbies and Achievements

- Skiing
- Hiking
- Biking
- 5k and 10k runs, Mud Runs such as the Warrior Dash and The Spartan Race
- Anything that challenges the body to go beyond its limit



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)