

Brent S.



Certified Personal Trainer
Team Member Since: 2001
Sessions Serviced:5,000 +

Education & Certifications

- BA in in Nursing from Pacific Union College
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- Professional Fitness Instructor Training - Rehabilitative Exercise Specialist

Hobbies and Achievements

- Cooking ethnic cuisine
- Raising my newborn
- Camping/Pathfinders Counselor



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 954

