

Jonathan U.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Health & Human Performance/Fitness Management from George Fox University
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Hiking
- Motorcross
- Snow boarding
- Learning about nutrition, weight loss and weight training



For more info about this trainer,
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