

# Juana W.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in History from Lewis and Clark College
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Federation of Professional Trainers - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Camping/hiking/rafting
- Playing softball, dodgeball and ultimate frisbee
- Reading and watching movies



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 954

