

Eben R.



Team Member Since: 2007
Sessions Serviced: 5,000 +

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Strength endurance exercise
- Supporting local music
- World traveler
- Outdoor adventures
- Currently pursuing a degree for Physical Therapy



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining