

Mitch W.



Certified Personal Trainer
Team Member Since: 2013
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- All sports!
- Outdoor activities
- Expanding knowledge
- Hanging with friends and family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining