

# Nathan T.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2001**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Surfing
- Yoga
- Rock Climbing
- Crossfit
- Consistently learning how to get the most out of my clients and myself



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 955

