Nathan T.



Certified Personal Trainer Master Trainer Team Member Since: 2001

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Council on Strength and Fitness Personal Trainer

Hobbies and Achievements

- Surfing
- Yoga
- Rock Climbing
- Crossfit
- Consistently learning how to get the most out of my clients and myself



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

