

Nathan T.



Certified Personal Trainer
Master Trainer
Team Member Since: 2001

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Surfing
- Yoga
- Rock Climbing
- Crossfit
- Consistently learning how to get the most out of my clients and myself



For more info about this trainer,
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24hourfitness.com/personaltraining