## Paul F.



Certified Personal Trainer Team Member Since: 2012

## **Education & Certifications**

- BS in Exercise and Sport Science from Oregon State University
- AED (Automated External Defibrillator)
- American Council on Exercise Personal Trainer Certification
- CPR Certification

## **Hobbies and Achievements**

- Cycling
- Running
- Kayaking
- Golf
- Hiking



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