

Zach W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Science from University of Puget Sound
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Swam varsity in college
- Ran track in high school for 4 years
- Love to play basketball
- I am a huge fan of camping



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 955

