

Amanda W.

Education & Certifications

- BS in Health and Exercise Science from Colorado State University
- AED (Automated External Defibrillator)
- CPR Certification



Master Trainer
Assistant Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Hobbies and Achievements

- Snow boarding
- Hiking the Colorado mountains
- Running



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 326

