

# Chelsea R.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Health and Exercise Science, Sports Medicine from Colorado State University
- BA in Theatre Technical Design from Colorado State University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Marathon Runner, Running
- Hiking
- Lifting
- Reading
- SAG member since 2012



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 956