

# DJ M.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Sport and Exercise Science from University of Northern Colorado
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- I became a personal trainer because I have always had a passion of helping others. I love to motivate others because I know what strength they are capable of and I want them to understand their full potential.



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 956

