

Mark N.

Education & Certifications

- BS in Kinesiology from Mesa State College
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer



Certified Personal Trainer
Fitness Manager
Team Member Since: 2010

Hobbies and Achievements

- Natural Bodybuilding and competitor coach
- Former college baseball player
- Former college football player



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 956

