

Brandon S.



Certified Personal Trainer
Master Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Health and Fitness from Concordia University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- OSAA 2A State Pole Vault Champion 2000
- NAIA National Track and Field Indoor and Outdoor Qualifier 2000 and 2001
- Powerlifting
- Kettlebell Training
- Mixing and Recording Music



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