

Corey A.



Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2005
Sessions Serviced: 2,000 +

Education & Certifications

- BA in History from University of Iowa
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Military - 3rd Ranger Batt
- Train Bikini, Figure, Physique, Bodybuilding
- Train Athletes
- Specialize in Nutrition Planning
- 12 week body transformations



For more info about this trainer,
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24hourfitness.com/personaltraining