

# Corey A.



**Certified Personal Trainer**  
**Assistant Fitness Manager**  
**Team Member Since: 2005**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BA in History from University of Iowa
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Military - 3rd Ranger Batt
- Train Bikini, Figure, Physique, Bodybuilding
- Train Athletes
- Specialize in Nutrition Planning
- 12 week body transformations



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 958

