

# Eric M.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology from Western Washington University
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- National Strength and Conditioning Assoc. - Certified Personal Trainer
- USA Weightlifting Certification

## Hobbies and Achievements

- Olympic Weightlifting
- Music
- Traveling



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 958