

Johnny M.



Certified Personal Trainer
Master Trainer
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Licensed Massage Therapist since 2006
- Trained over 7500 sessions
- Inducted in to Green River CC Baseball Hall of Fame
- Enjoy Salsa and Swing Dancing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

