

Patty W.

Education & Certifications

- BA in Psychology from University of Colorado-Colorado Springs
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Master Trainer

Team Member Since: 2008

Sessions Serviced: 2,000 +

Hobbies and Achievements

- Reading
- Hiking
- Walking my dog
- Spending time with family and friends



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 959

