

Cassandra L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology, Pre Physical Therapy from Western Washington University
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Water Sports
- Bikram Yoga
- NPC Bikini Competitor 2010
- Traveling
- Hiking



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