

Katie S.



Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Exercise Science from Clark College
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer

Hobbies and Achievements

- Competitive running
- Snow boarding
- Working out - going to the next level



For more info about this trainer,
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24hourfitness.com/personaltraining