

Sandra D.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Weight Loss Specialist
- PTA Global - PTA Global PT Certification

Hobbies and Achievements

- Interior Design
- Basketball
- Supporting my kids playing sports
- Fluent in French



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 962