

# Melanie L.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology from California State University, Long Beach
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Division 1 collegiate basketball player at Long Beach State 2007-2011
- Running 5K races
- Riding my bicycle
- Going to the beach
- Coaching youth basketball



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 186