

# Matthew O.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Fire Safety
- AAS Kinesiology from Kaplan College
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- U.S. Marine Corp Sergeant, water survival qualified
- Sound Leader in developing and training Marines physical fitness - 3 years
- OEF Combat Veteran



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 053