

Matthew O.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Fire Safety
- AAS Kinesiology from Kaplan College
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- U.S. Marine Corp Sergeant, water survival qualified
- Sound Leader in developing and training Marines physical fitness - 3 years
- OEF Combat Veteran



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 053