

# Michaela K.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- AA in Exercise Science/Athletic Training from Santa Barbara City College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Bodybuilding
- Road cycling
- Spinning
- Olympic lifting
- Hiking



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 054