

Michaela K.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AA in Exercise Science/Athletic Training from Santa Barbara City College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Bodybuilding
- Road cycling
- Spinning
- Olympic lifting
- Hiking



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24hourfitness.com/personaltraining

Club ID: 054