

Henry S.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

Currently pursuing B.A. in Health Education

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Coaching Youth Sports
- High School Basketball Coach



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 057

