

Carmen K.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from California Polytechnic State University, Pomona
- AED (Automated External Defibrillator)
 - CPR Certification
 - National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- 4 years Intercollegiate Track & Field 2008-2012
- Hiking
- Swimming
- Arts & Crafts



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 058