

Jon D.



Master Trainer
Team Member Since: 2011

Education & Certifications

- BA in Criminal Justice from California State Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Outdoor fitness: hiking and running
- Coaching basketball
- Traveling
- Camping



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Club ID: 058