

Jeremiah Z.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Applied Exercise Science from Azusa Pacific University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Playing/watching football
- Weight lifting
- Scuba diving
- Line dancing
- Beach volleyball



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 062