

Kara M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Education K-8 from Azusa Pacific University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Coaching acrobatics and tumbling
- Snowboarding
- Hiking
- Cooking
- Dancing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 062