

Nader G.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2006
Sessions Serviced: 15,000 +

Education & Certifications

- BS Degree in Physical Education and Sports Science from Hellwan University in Egypt
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Scuba diving
- Car racing



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24hourfitness.com/personaltraining

Club ID: 062

