

Mark F.



Certified Personal Trainer
Master Trainer
Team Member Since: 2004
Sessions Serviced:10,000 +

Education & Certifications

- BS in Kinesiology from Sacramento State University
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Reading
- Riding
- Skeet



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 066

