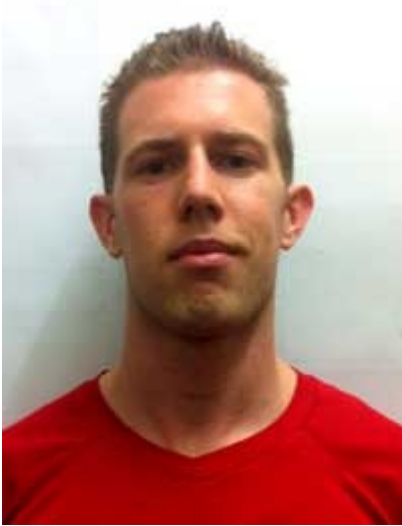


# Ryan C.



**Group X Instructor**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Business Administration from University of California
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- biking
- the beach
- the rings
- changing lives



For more info about this trainer,  
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Club ID: 068