

Lyndsay G.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Psychology from UC San Diego
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- coaching
- running
- baking
- beach



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 069

