

Christina R.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Strength training
- Running
- Circuit training
- Going to muscle competitions



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 071