

Jessica M.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2005**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Spending Time With Family
- Instructing Group X Classes
- Swimming
- Working Out



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 074

